



NCCP Home Study Program

The Home Study program is intended for coaches who are unable to take in-person or online multi-sport courses.

What is involved?

Home Study is a correspondence based independent-learning method. Coaches read through NCCP module content on their own, then complete a series of exercises and tasks in the module workbook. This workbook is submitted by email or mail back to Sport Manitoba Coaching, for marking by a Learning Facilitator. This is not a pass/fail program. Instead, you re-do workbook sections that require stronger answers until all module content is completed to a quality standard.

How long will it take?

The length of time to complete a Home Study varies by course and learning style of the individual. The Home Study format relies heavily on self-directed learning. On average they take about the same time, to up to 1.5 times as long, to complete compared to an in-class module.

Available Home Study Courses

Many workshops have been designed or modified for Home Study (all but Performance Planning and Advanced Practice Planning are available). The quality assurance of NCCP delivery is important and we want to ensure we continue to provide the same quality of service to all coaches across the country.

Who should take Home Study?

Home Study can be a great option for coach education for the right coach. 30% of coaches find Home Study better suits their learning style. 75% of coaches find the Home Study program is as good as attending an in-class course. The Home Study program is right for coaches who:

- Prefer an independent learning style
- Prefer to work at their own pace
- Desire more time for reflection on the course content
- Are able to stay committed to completing the whole course
- Prefer one-on-one relationship with the learning facilitator
- Live in a region that does not frequently host in-person NCCP workshops
- Does not have reliable access to an internet connection

Who should not take Home Study?

Though the program is great for some, it can be challenging for others. It is important to note 25% of coaches who sign up for a Home Study module never complete it. It requires greater focus and commitment from the coach compared to an in-class course. Home Study is **NOT** for coaches who:

- Are looking for a fast option
- Prefer group discussion and learning, and prefer not to be in the spot light
- Prefer to complete the module in one sitting
- Find independent, self-directed learning challenging

Summary:

For coaches who prefer independent learning, Home Study is a very strong delivery method. Equally, for coaches who struggle with independent learning, Home Study is likely the most challenging delivery method.